

Maryland General Hospital Cardiology Department

In patient discharge Summary

GP details:

Usual GP: Dr Smith
Address: HealthTech GP Practice
12 Loughborough Road, Ilford IG3 4QZ
Email: Healthtech2@nhs.net
Tel: 0203456789
Fax: 0203833556

Patient details:

Patricia Martins F
17/08/1966
Hospital Number: 12345
NHS Number: 1234567890
Address:
13 Barnaby Close, Redbridge Road,
London, NW1 345

Hospital details: Maryland General Hospital

Discharging Consultant : Dr Adedeji

Discharging Specialty: Cardiology Department

Date and time of admission: 16/08/2023 11:12

Date and time of discharge: 23/08/2023 13:50

Discharge destination: Home, patient to be discharged to the care of the GP,, with outpatient follow up

Clinical details:

Mrs Martins presented to the emergency department with shortness of breath and ankle swelling. On arrival she was tachypnoeic and hypoxic with signs of respiratory distress and had use of accessory muscles of breathing. Clinical examination revealed dullness to percussion to both lung bases, there was also significant lower limb pitting oedema up to the level of the mid-thigh bilaterally. During her admission, Mrs Martins has expressed a low mood and was seen by the hospital psychologist.

Investigations:

Blood tests revealed BNP, White Blood Cells. An ECG showed evidence of left-ventricular hypertrophy.

Diagnosis:

Mrs Martins was reviewed by the cardiology department registrar who confirmed the most likely clinical diagnosis of acute heart failure.

Management:

Mrs Martins required 15L oxygen therapy and IV Furosemide for the first 24 hours of admission. She was then weaned off the oxygen and commenced PO Furosemide for the remainder of her stay – which is to be continued on discharge.

Further Management and Recommendations:

Mrs Martins symptoms had greatly improved at the time of discharge and she was able to mobilise independent with only a mild, short lived shortness of breath on exertion. We have discharged Mrs Martins on regular oral Furosemide 40mg OD, and have requested outpatient follow up in Dr Adedeji's Cardiology Clinic in 6 weeks time.

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We recommend that the GP reviews Mrs Martins clinical condition in 2 weeks time. Could you also arrange for Mrs Smith to have U&E's assessed at this appointment to ensure her renal function remains stable on her diuretic regime. Should you have any questions or concerns please get in contact with the Cardiology Department.

Medication Changes:

- Amlodipine increased to 10mg once daily
- Sertraline increased to 50mg once daily

Medications to take home:

- Furosemide 40mg:
Once daily, long term to be reviewed in 3 weeks time, congestive heart failure.
- Amlodipine 10 mg:
Once Daily, long term, for hypertension
- Sertraline 50mg:
Once Daily, long term, for mixed anxiety and depression

Thank you.

Dr Inny Oninuire
Foundation Doctor
FY1
Cardiology Department
Completed 23/08/2023